



5 A Day and School-Age Children

Fruit and Vegetable Costumes

Many fruits and vegetables grown in North Carolina are available as costumes that can be borrowed. Please contact the organizations listed below for more information. Rental or shipping and handling charges may apply.

Blueberry

Doug Sutton
NC Department of Agriculture and Consumer
Services
(919) 733-7887

Peanut

Betsy Owens
Virginia-Carolina Peanut Promotions
(252) 459-9977

Potato

Tommy Fleetwood
NC Potato Growers
NE Marketing Center
NC Department of Agriculture and Consumer
Services
(252) 331-4773, ext. 24

Strawberry

Doug Sutton
NC Department of Agriculture and Consumer
Services
(919) 733-7887

Sweet Potato

Sue Johnson Langdon
NC Sweet Potato Commission
(919) 989-7323

Tomato

Doug Sutton
NC Department of Agriculture and Consumer
Services
(919) 733-7887

Veggie Man

Bonnie Holloman
NC Vegetable Growers
(919) 334-0099

Watermelon

Doug Sutton
NC Department of Agriculture and Consumer
Services
(919) 733-7887

Source: NC 5 a Day Toolkit